

Nisichawayasihk Cree Nation
YEAR IN REVIEW

2004-



2004-05

Annual Report

November 2005

VISION: PAVING THE RED ROAD TO WELLNESS

MISSION: MEDICINE WHEEL FIREKEEPERS EMPOWERING HEALTHY LIFESTYLES

NCN CORPORATIONS: NHML

THE BOARD OF *Nelson House Medicine Lodge*

Message from the Chair

This is the 16th year of operations for the Nelson House Medicine Lodge and I am pleased to report the organization has experienced a full year of development and growth. The few setbacks along the way have not prevented us from achieving some benefits for our centre and the people who entrust their health and well being to us.

In providing my report for the year in review, I have focused on our facility's development and growth, as well as some of the challenges over the past year and our plans for the coming years.

In terms of growth and development, I am proud to report our accrediting agent, the Canadian Council on Health Services Accreditation, extended accreditation status to the NHML through to November 2007. The accreditation surveyors were so impressed with the organization's ability to meet the 58 national standards and 242 criterion, it awarded an overall quality performance score 10 points higher than the national average for NNADAP treatment centres.

We revamped our annual planning sessions, by linking our planning to the three-year accreditation cycle. In so doing, the board, staff and clients have developed a three-year strategic directions plan, which includes a one-year operational plan.

Where the strategic directions plan provides guidance as to where we want to be in three years, our one-year operational plan addresses year one of our three-year accreditation implementation plan. This document is available for viewing at the NHML.

A significant challenge this year was the wind-down of the Pisimweyapiy Counselling Centre Program. Funds for this program stopped flowing from the Aboriginal Healing Foundation on January 31, 2005. Fortunately, NCN Human Resources Authority deemed this program worthy of support and provided sufficient resources to carry the program to March 31, 2005. With a much-awaited announcement from the Honourable Ralph Goodale, Federal Minister of Finance that the PCC program is most likely to receive extended funding to March 31, 2007.



Rick Linklater
Chair

In the coming year, not only will the NHML be negotiating renewal of our Health Transfer Agreement with Health Canada, we will also work to maintain two significant role model initiatives and the post-secondary bursary program we began last year. I look forward to the year ahead and hope the Creator will continue to guide us in our work and that the products of our labours will be recounted as significant in the ongoing wellness of our clients, community and our peoples as a whole.



Message from the Executive Director

It is my distinct pleasure to report on the activities of the Nelson House Medicine Lodge for fiscal year 2004-2005.

Many of the major undertakings of the NHML this past year are covered in the message from our Chair Rick Linklater, so my report will focus on some of the significant occurrences within the organization's three programs:

- Residential Treatment Program
 - Worked with 112 clients
- Pisimweyapiy Counseling Centre Program
 - Provided service to 65 clients
- NNADAP Prevention Program
 - Provided service to 124 local clients.

In all the NHML provided direct client services to 301 clients. In virtually every client contact, program participants were exposed to staff groups whose vision for health and wellbeing is summed up in the phrase "Paving the Red Road to Wellness".

For the NHML, Paving the Red Road to

Wellness is a serious undertaking. It entails making each client's efforts to reclaim their cultural identity as easy and rewarding as possible. This is critical, as the Red Road is considered by many to be a hard way of life. Still, the NHML persists in its direction as we have come to accept that if someone wants something good in their life you have to work for it - you have to put forth effort. Cultural identity and a sense of spirituality are now scientifically proven to be extremely important factors in achieving and maintaining sobriety.

This past year the NHML was part of a study conducted by Dr. Ken Hart of the University of Windsor. Dr. Hart's research sought answers to the importance of cultural identity and spirituality in achieving and maintaining sobriety. Dr. Hart was able to confirm the centrality of these factors in an individual's ability to achieve and maintain a sober, healthy lifestyle.

In reshaping NHML client services, as an easy and rewarding means to



Ed Azure
Executive Director

achieving sober healthy lifestyles, our organization offers ancestral practices and processes that span all seasons of the year. And we are working to expand on these in the coming year. It is the sincere wishes of the NHML that our chosen direction will continue to receive the support of clients, and our partners in the public and private sectors. Drop in and see for yourself, some of the rewarding experiences being offered by the NHML.

MEDICINE LODGE ORGANIZATION

NISICHAWAYASIIHK CREE NATION BAND COUNCIL

(Forms the membership of the corporation)

- Chief Jerry Primrose
- Councillor Agnes Spence, NHML Portfolio Holder
- Councillor D'Arcy Linklater, NHML Portfolio Holder
- Councillor Jimmy Hunter-Spence
- Councillor Shirley Linklater
- Councillor Elvis Thomas

FUNDING AGENCIES

- First Nations & Inuit Health Branch (NNADAP)
- Aboriginal Healing Foundation

BOARD OF DIRECTORS

(Consists of 5 directors)

- Rick Linklater, Chair
- Henry Wood, Vice-Chair
- Laurel Wood, Board Member
- Madelaine Spence, Board Member
- Cheryl Linklater, Board Member

EXECUTIVE DIRECTOR

- Ed Azure

ADMINISTRATION TEAM

- Sarazine Spence
- Wenda Clearsky

TREATMENT TEAM

- Ray Sandberg
- Marie Ballantyne
- Lorraine McDonald
- Lydia Penner
- Darlene Spence
- Dean Linklater
- Edna Spence
- Helen Linklater
- Charlene Bighetty
- Joshua Spence

PISIMWEYAPIY COUNSELLING TEAM

- Myra Hart
- Marty Nicholas
- Clara Yetman
- Pauline Primrose

NNADAP PREVENTION TEAM

- Judy Wood
- Victor Spence

KITCHEN and MAINTENANCE STAFF

- Christy Moody
- Lena Moore
- Linda Linklater
- Stanley Spence
- Joshua Spence



Sarazine Spence
Administration Manager



Stanley Spence
Maintenance Supervisor



Christy Moody
Head Cook



Wenda Clearsky
Administrative Assistant



Lena Moore
Cook



Linda Linklater
Cook



Joshua Spence
Maintenance-Night Supervisor



Marty Nicholas
Night Supervisor



Victor Spence
NNADAP Counsellor



Pauline Primrose
PCC Counsellor



Lydia Penner
*Residential Treatment
Counsellor*



Marie Ballantyne
Residential Treatment Therapist

NEW STAFF



Ralph Alexander
*Residential Treatment
Counsellor*



Dave Sanderson
*Cultural & Traditional
Specialist*



Charlene Bighetty
Night Supervisor



Edna Spence
*Residential Treatment
Counsellor*



Elizabeth McDonald
PCC Counsellor



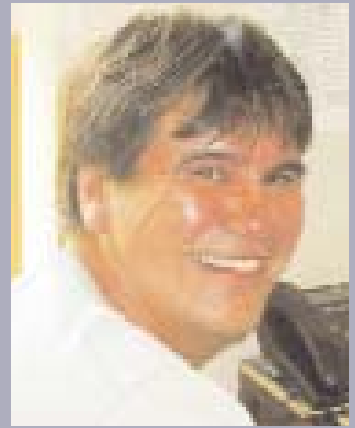
Helen Linklater
Night Supervisor



Cynthia Swanson
Interim Office Assistant



Mary Alexander
*Residential Treatment
Counsellor*



Raymond Sandberg
*Residential Treatment Senior
Counsellor*

RESIDENTIAL *Treatment Program Activity Report*

As part of a network of some 48 NNADAP treatment centres across Canada, the NHML provides in-patient alcohol and drug treatment program beyond the boundaries of our primary target area of Northern Manitoba.

Our primary purpose is to provide services to those individuals experiencing alcohol and/or drug addiction. The NHML therapeutic facility is a non-medical unit. Our mission is to assist all people in their recovery from alcoholism and drug dependency, with special focus on providing services to persons of Aboriginal ancestry.

THE NHML RESIDENTIAL TREATMENT PROGRAM

- Long-term Residential Treatment Program (17 weeks)
- Emphasis on Aboriginal cultural, spiritual, and traditional practices
- Continuous intakes
- In-house workshops include:
 - Healing & Wellness

- Anger Management
- Grieving & Loss
- HomeComing - An Inner Child Workshop
- Personal Portraits
- Aboriginal Culture & Recovery
- Building Healthy Relationships, and
- Family Violence
- Cultural ceremonies include:
 - Fasting camps
 - Gathering medicines (sweetgrass, sage, cedar)
 - Sweetgrass ceremonies
 - Pipe ceremonies, and
 - Winter camp.

CHALLENGES OF THE NHML RESIDENTIAL TREATMENT PROGRAM

Treatment staff experienced some challenges during the year. Some of these challenges were:

- Staff shortages in the positions of traditional counsellor
- Attracting casual staff to cover the night supervisor

position when required (especially during summer months)

- Computer training is still required for some of the treatment staff.

ACCOMPLISHMENTS OF THE NHML RESIDENTIAL TREATMENT PROGRAM

Treatment staff have experienced many successes during the year. Some of the successes were:

- Developing and integrating workshops into a 17-week program
- More couples requesting Treatment for long-term programming
- Accepting couples into the program
- Filling vacant counsellor positions as they become open.



Nelson House Medicine Lodge in winter



- Filling night supervisor positions as they became vacant
- Providing in-house workshops for the clients of the NHML
- Treatment staff provided services to the community (presentations)
- Strategic planning workshop
- Fasting camp at Mile 33 (67 attended, 19 fasters)
- Winter camping at Leftrock Lake
- Some computer training was provided for treatment staff
- Trip with clients to Sapotawayak area to pick traditional medicines (sweetgrass, sage, cedar).

PROGRAM ACTIVITIES

- Provide one-on-one counselling for clients
- Provide group sessions (large and small)
- Traditional teachings provided on a weekly basis
- Weekly Sweat Lodge Ceremonies
- Provide eight In-house workshops
- All lectures are related to and pertinent to addictions (alcohol and/or drug education)

- Weekly arts & crafts sessions for clients
- A.A. meetings; ACOA meetings; CoDep meetings
- Accessing Community Resources (Wellness Centre Program)
- Recreational activities
- Sunrise ceremonies for clients in spiritual room
- Trip to gather traditional medicines
- Fund raising activities for client trips (e.g., A.A. roundups, movies)
- Graduation ceremonies.

PLANS IMPLEMENTED TO IMPROVE SESSIONS

Client evaluations of the treatment program provided suggestions for improvements of services provided and/or required:

- Development and Implementation of in-house workshops
- Providing opportunities for clients' fund-raising activities.

TRAINING CONFERENCES

- National Addictions Awareness Week (November 04)

- Residential School conference (August 04)
- National Addictions Partnership Foundation Conference in Saskatoon (February 05)
- Canadian Council on Accreditation meeting.

PLANS FOR THE COMING YEAR

- Continue to provide counselling and therapeutic services for participants entering the 17-week program
- Continue to explore new methods and techniques that would enhance the personal growth and professional development of the program staff
- Continue to maintain professional ethics and good working relationships with other community resources
- Add four more workshops to our treatment program to engage our clients more effectively
- Host Fasting Camp in May/June 2006.



Myra Hart
PCC Coordinator

PISIMWEYAPIY Counselling Centre

The PCC Program is one of three programs within the NHML. The PCC Program is an outpatient program that works with residential school survivors and those impacted by the intergenerational effects. The program offers a continuous intake of 15 people or more at any given time.

PURPOSE

PCC promotes and enhances holistic healing of residential school impacts on the Nisichawayasihk Cree Nation using traditional and contemporary practices.

Pisimweyapiy Counselling Program offers a ten-week outpatient program that provides large group sessions from Monday to Thursday every week on a variety of topics related to the residential school impacts.

The topics offered are:

- Aboriginal Women
- Abuse of Persons With Disabilities
- Adult Survivors of Child Sexual Abuse
- Abuse
- Alcohol & Drugs

- Anger
- Anger Management
- Caring Community
- Child Sexual Abuse
- Co-dependency
- Communication Skills
- Cree
- Death, Bereavement & Healing
- Depression
- Divorce
- Emotional Abuse
- Family Violence and Substance Abuse
- Family Violence in Aboriginal Communities
- Fetal Alcohol Syndrome
- Give Away
- How Love is Expressed in Different Stages of Growth and Development
- Identity
- Loss, Grief and Support
- Love and Relationship Tips for Marriage
- Low Self Esteem
- Marriage – What Not to Say
- Marriage
- Multiple Victim Child Sexual Abuse
- Neglect and Abuse of Older Adults
- Our Way of Life

- Parenting
- Powwow
- The Seven Sacred Directions
- Relationship: Marriage Built on Compatibility
- Relationships of Marriage
- Self Care and Relationships
- Self Esteem
- Songs
- Stages of Growth and Development
- Suicide
- The Period of Dependence
- The Power of The Four Directions
- The Tipi
- Traditional Practices and Beliefs
- Turn Your Marriage Around
- Worldview

PCC SERVICES

- Pays for child-care cost for participants in the 10-week outpatient program
- Hires a bus driver to pick up the participants at home and to take them home after the sessions are over
- Provides individual counselling sessions
- Offers supper to clients at the NHML
- Encourages participants to attend



- ceremonies and planned events
- Clients are given a graduation ceremony, certificate and medallion.

ACCOMPLISHMENTS THIS PAST YEAR

- The highlight of the year was the CCHSA's decision to showcase the NHML as one of the best treatment centres in Canada. We are very proud of this achievement. We were granted accreditation following a long process of preparation to ensure we met all the guidelines to qualify for accreditation. Our status is reviewed every three years.
- The PCC staff were also very busy with programs relating to Residential Schools. Among the highlights was a weeklong Residential School Conference in Edmonton in February. Two staff members also attended a MKO-hosted conference for resource people working with residential school survivors. We also hosted the Northern Residential School Conference at Mile 33.
- Gifted Elders visited NHML in June to give teachings and to build the

- Medicine Wheel. All staff participated in the ceremonies.
- The PCC staff helped with National Addictions Awareness Week that was held from November 14 – 20, 2004. The events went really well and there was a big turn out of people each night for the planned events and activities.
- In July 2004, the executive director attended Day Of Commemoration Celebration that was hosted by the Aboriginal Healing Foundation in Edmonton.
- Staff were also involved in a variety of workshops through the year.

CHALLENGES FACED THIS

PAST YEAR

- The funding from the Aboriginal Healing Foundation for the PCC Program ended on February 1, 2005 and we operated without funding for three months.
- We were fortunate enough to be one of the programs across Canada that were chosen to be funded for another two years, until 2007. This will give the Board of Directors and the Executive Director time to negotiate permanent funding when they meet with Medical Services Branch to negotiate global funding for in-patient, outpatient, prevention and aftercare services in September 2005.



Rear view of the Nelson House Medicine Lodge



Judy Wood
NNADAP Coordinator

NNADAP Prevention Program

The NNADP Prevention Program focuses on prevention, intervention, counselling and aftercare.

Two NHML staff undertake the numerous activities of the NNADAP Prevention Program.

Of the NHMLs three programs, the NNADAP program consistently maintains the highest number of direct client contacts over the year and yet, the two staff members still manage to conduct a host of community activities aimed at addressing the negative impacts of alcohol and drug abuse among members of the Nisichawayasihk Cree Nation. The following is a snapshot of the prevention, intervention and aftercare/follow-up activities of this team.

PREVENTION

Our prevention program has been very successful in the year in review in creating awareness and drawing feedback from our community. This has been particularly effective in dealing

with youth, who are increasingly recognizing that they can reach out for help in dealing with drug and alcohol related issues and problems of addictions.

One of the ways we have tackled the issue of prevention is by talking directly to the community, through workshops, one-on-one meetings, surveys and presentations on radio, which prompts many people to call with comments and suggestions.

The major difficulty we have in preventing more drug and alcohol abuse from occurring in the first place is enough funding for staff to proactively meet with at risk people in our community.

Still, we have been successful in setting up culturally appropriate programs, which are well received, and the annual National Addictions Awareness Week, which draws many people from the community.



Sweatlodge-Arbour-MedicineWheel at rear of the NHML



INTERVENTION

We have improved the methods we use to better prepare clients to enter a preferred treatment facility when intervention is necessary. While there is usually a waiting period, we have been successful in helping a number of people.

One area we are working on improving is to ensure clients, leaving a treatment program, have resources in place to re-enter the community, including having transportation home from the treatment facility. At the moment the responsibility tends to fall on NNADAP staff, which is taxing on an already overstretched resource.

COUNSELLING

Our short-term counselling program is used primarily in crisis situations and intervention. While the service is on-call throughout the week, additional community resources are teamed together to ensure an effective response to a crisis. The teamwork has resulted in an overall positive result for both the providers and receivers of this service.

STATISTICAL REPORT

	Treatment Center	Pisimweyapiy Counselling Center	NNADAP Prevention	Total
Clients served	112	65	124	301
Status	110	63	124	297
Non-status	2	2	0	4
Females	43	23	52	118
Males	61	42	72	175
Substances abused				
Alcohol	77	64	124	265
Hallucinogens	1			1
Narcotics	32	48	3	83
Prescription Drugs	1		1	2
Solvents	0		3	3
Other	28	4	3	35
Recidivism Rate	32.1%	3.1%	U/A	
Bed Utilization	97%	N/A	N/A	

AGE & SEX BREAKDOWN

Age @ Intake	Residential Treatment Program		Pisimweyapiy Counselling Center Program		NNADAP Prevention Program*	
	Female	Male	Female	Male	Female	Male
Total	43	61	23	42	52	72
12 & under	2	7			-	-
12 - 18	0	3		2	-	-
18 - 25	3	10	4	6	-	-
25 - 35	18	16	11	12	-	-
35 - 45	13	17	6	12	-	-
45 & over	7	8	2	10	-	-

*Breakdown by age unavailable

NELSON HOUSE MEDICINE LODGE INC.

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W.J. Hemenway, B.A. C.A. - Partner (ret.)
A.M. (Arnie) Silver, B.A., C.A. - Principal
Jerrod A. Griffiths, B. COMM. (HONS.), C.A. - Principal
R.W. Malanchuk, C.M.A. - Associate

AUDITORS' REPORT

To the Board of Directors
Nelson House Medicine Lodge Inc.

We have audited the statement of financial position of Nelson House Medicine Lodge Inc. as at March 31, 2005 and the statements of combined revenues and expenditures, net assets - unrestricted, net assets invested in capital assets and cash flows for the year then ended. These financial statements are the responsibility of the organization's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In our opinion, these financial statements present fairly, in all material respects, the financial position of the organization as at March 31, 2005 and the results of its operations and cash flows for the year then ended in accordance with Canadian generally accepted accounting principles.

Winnipeg, Manitoba
April 15, 2005

CHARTERED ACCOUNTANTS



Member of
The Institute of
Chartered Accountants
of Manitoba



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NELSON HOUSE MEDICINE LODGE INC.

STATEMENT OF FINANCIAL POSITION - MARCH 31, 2005

	Operating Fund	Capital Fund	Replacement Reserve Fund	2005 Total	2004 Total
CURRENT ASSETS					
Cash - unrestricted	\$ 9,559	\$ -	\$ -	\$ 9,559	\$ 72,250
Cash - restricted (NOTE 7)	-	-	126,132	126,132	126,132
Funding receivable - NNADAP	-	-	-	-	14,202
Accounts receivable - other (NOTE 5)	167,408	-	-	167,408	194,208
Due from related parties (NOTE 4)	36,891	-	-	36,891	29,038
Due from Replacement Reserve Fund	2,869	-	(2,869)	-	-
Prepaid expense	47,939	-	-	47,939	3,861
	<u>264,666</u>	<u>-</u>	<u>123,263</u>	<u>387,929</u>	<u>439,691</u>
CAPITAL ASSETS (NOTES 2 AND 6)	-	1,643,148	-	1,643,148	1,718,269
	<u>\$264,666</u>	<u>\$ 1,643,148</u>	<u>\$ 123,263</u>	<u>\$2,031,077</u>	<u>\$ 2,157,960</u>
CURRENT LIABILITIES					
Accounts payable and accrued liabilities	\$ 82,117	\$ -	\$ -	\$ 82,117	\$ 71,206
Security deposits	600	-	-	600	600
Wages and vacation pay payable	35,176	-	-	35,176	125,387
Deferred revenue (NOTE 10)	44,000	-	-	44,000	52,482
Current portion of long-term debt (NOTE 11)	-	5,595	-	5,595	4,869
	<u>161,893</u>	<u>5,595</u>	<u>-</u>	<u>167,488</u>	<u>254,544</u>
LONG-TERM DEBT (NOTE 11)	-	6,429	-	6,429	12,024
	<u>161,893</u>	<u>12,024</u>	<u>-</u>	<u>173,917</u>	<u>266,568</u>
NET ASSETS					
Unrestricted (PAGE 5)	102,773	-	-	102,773	87,520
Invested in Capital Assets (PAGE 6)	-	1,631,124	-	1,631,124	1,701,376
Restricted (NOTE 7)	-	-	123,263	123,263	102,496
	<u>102,773</u>	<u>1,631,124</u>	<u>123,263</u>	<u>1,857,160</u>	<u>1,891,392</u>
	<u>\$264,666</u>	<u>\$ 1,643,148</u>	<u>\$ 123,263</u>	<u>\$ 2,031,077</u>	<u>\$ 2,157,960</u>

APPROVED



NELSON HOUSE MEDICINE LODGE INC.

STATEMENT OF NET ASSETS - UNRESTRICTED

YEAR ENDED MARCH 31, 2005

	2005	2004
OPERATING FUND		
Net assets - unrestricted, beginning of year	\$ 87,520	\$ (40,760)
Surplus, for the year	15,253	128,280
NET ASSETS - UNRESTRICTED, END OF YEAR	\$102,773	\$ 87,520

NELSON HOUSE MEDICINE LODGE INC.STATEMENT OF NET ASSETS
INVESTED IN CAPITAL ASSETS

YEAR ENDED MARCH 31, 2005

	2005	2004
Balance, beginning of year	<u>\$ 1,701,376</u>	<u>\$1,135,490</u>
Additions		
Purchase of capital assets	29,907	170,329
Repayment of bank loan	-	525,000
Principal portion of the capital lease	4,869	-
Accrued interest on long-term debt	-	1,985
	<u>34,776</u>	<u>697,314</u>
Deductions		
Amortization of capital assets	(105,028)	(114,535)
Proceeds from capital lease	-	(16,893)
	<u>(105,028)</u>	<u>(131,428)</u>
BALANCE, END OF YEAR	<u>\$ 1,631,124</u>	<u>\$1,701,376</u>



NELSON HOUSE MEDICINE LODGE INC.

STATEMENT OF COMBINED REVENUES AND EXPENDITURES

YEAR ENDED MARCH 31, 2005

	2005	2004
REVENUES		
Health Canada Transfer Agreement (NOTE 3)	\$ 1,096,740	\$ 1,096,740
Health Canada NNADAP Funding	85,220	85,220
AHF Funding	383,200	418,234
Health Canada Agreement - Capital Renovations	100,000	-
Mileage revenue	519	1,093
Staff trailer rentals (NOTE 8)	18,999	14,754
Miscellaneous	3,961	7,792
	<u>1,688,639</u>	<u>1,623,833</u>
Add: revenues deferred from previous year	52,482	680,107
Less: revenues deferred to following year	(44,000)	(52,482)
	<u>1,697,121</u>	<u>2,251,458</u>
EXPENDITURES		
Accreditation	19,692	1,989
Administration fees - NCN	-	109,674
Audit	11,875	10,600
Bank charges and interest	2,572	2,718
Capital expenditures	1,265	32,970
Contribution to POW WOW committee	50,405	-
Equipment and fixtures	26,052	32,669
Food (Net of recovery: 2005 - \$15,175, 2004 - \$12,215)	79,254	60,977
Freight	9,016	7,107
Honorariums	64,400	34,450
Human resources / Professional development	6,276	2,509
Kitchen and janitorial	9,423	10,642
Laundry	8,027	9,887
Loan payments	-	557,434
Miscellaneous (NOTE 9)	20,071	18,363
Office supplies	23,126	22,157
Printing supplies	4,053	958
Program materials	53,010	51,520
Rent and utilities (PAGE 14)	184,487	114,097
Salaries and benefits (PAGE 14)	887,199	877,732
Training	36,491	32,167
Transfer to Replacement Reserve	24,622	24,622
Travel (PAGE 15)	128,872	97,004
Vehicle upkeep	6,696	8,101
Webpage development	24,984	-
Workshops	-	2,831
	<u>1,681,868</u>	<u>2,123,178</u>
SURPLUS, FOR THE YEAR	<u>\$ 15,253</u>	<u>\$ 128,280</u>

NELSON HOUSE MEDICINE LODGE INC.

STATEMENT OF CASH FLOWS

YEAR ENDED MARCH 31, 2005

	2005	2004
CASH FLOWS FROM OPERATING ACTIVITIES		
Health Canada Funding received	\$1,216,162	\$1,167,758
AHF Funding received	487,623	170,623
Trailer rents received	18,999	14,754
Other revenues received	5,415	27,248
Operating expenses	(674,073)	(557,921)
Salaries paid	(977,410)	(834,823)
Bank charges and interest	(2,572)	(2,718)
Loan interest	-	(34,419)
Expenditures out of replacement reserve	(3,855)	-
Trailer expenses	(2,539)	(5,329)
Net cash received from (paid for) operating activities	<u>67,750</u>	<u>(54,827)</u>
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of capital assets	(117,719)	(170,329)
Net cash received from (paid for) investing activities	<u>(117,719)</u>	<u>(170,329)</u>
CASH FLOWS FROM FINANCING ACTIVITIES		
Due from related parties	(7,853)	-
Proceeds (repayment) of capital lease	(4,869)	16,893
Repayment of bank loan	-	(525,000)
Net cash received from (paid for) financing activities	<u>(12,722)</u>	<u>(508,107)</u>
DECREASE IN CASH FOR THE YEAR	(62,691)	(733,263)
Cash, beginning of year	198,382	931,645
CASH, END OF YEAR	<u>\$ 135,691</u>	<u>\$ 198,382</u>
Cash consists of:		
Operating Fund		
Cash	\$ 9,559	\$ 72,250
Replacement Reserve Fund		
Restricted cash	126,132	126,132
CASH, END OF YEAR	<u>\$ 135,691</u>	<u>\$ 198,382</u>

NELSON HOUSE MEDICINE LODGE INC.

NOTES TO FINANCIAL STATEMENTS

YEAR ENDED MARCH 31, 2005

1. PURPOSE OF THE ORGANIZATION

Nelson House Medicine Lodge Inc. is a not-for-profit organization operating a treatment centre on the reserve located in Nelson House, Manitoba.

2. BASIS OF PRESENTATION AND SIGNIFICANT ACCOUNTING POLICIES

These financial statements have been prepared in accordance with Canadian generally accepted accounting principles for not-for-profit organizations, as defined in the CICA Handbook, which encompasses the following principles:

a) **Fund Accounting**

Revenues are accounted for using the deferral method.

The Lodge records its financial transactions using fund accounting procedures which result in a self-balancing set of accounts for each fund. The Lodge maintains the following funds:

- The Operating Fund reports the general activities of the management and administration of the Lodge.
- The Capital Fund reports the capital assets of The Lodge together with their related financing.
- The Replacement Reserve Fund reports the activities of the moveable capital assets replacement reserve (MCARR) used to purchase equipment, furniture and vehicles.

b) **Capital Assets and Amortization**

Capital Assets expenditures which are not funded from capital sources, are expended against the related capital funding and are reported on the statement of financial position with an offset to "Net Assets Invested In Capital Assets". Capital Assets acquired are amortized using the declining balance method as follows:

	<u>RATE</u>
Buildings	4%
Trailers	5%
Sewer-trailers	5%
Vehicles	20%
Computer equipment	30%
Office equipment	20%
Furnishings and equipment - Lodge	10%
Landscaping	100%

NELSON HOUSE MEDICINE LODGE INC.

NOTES TO FINANCIAL STATEMENTS - CONTINUED

YEAR ENDED MARCH 31, 2005

2. BASIS OF PRESENTATION AND SIGNIFICANT ACCOUNTING POLICIES - CONTINUED

c) **Food Stocks and Activity Supplies**

Food stocks and activity supplies are expensed when purchased.

d) **Accounts and Advances Receivable**

Accounts and advances receivable are recorded net of allowance for doubtful accounts.

e) **Management Estimates and Assumptions**

The preparation of financial statements in accordance with Canadian generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amount of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amount of revenues and expenses during the reported period. These estimates are reviewed periodically, and, as adjustments become necessary, they are reported in earnings in the period in which they become known.

f) **Comparative Figures**

Prior year's comparative figures have been reclassified where necessary to conform to the current year's presentation.

3. ECONOMIC DEPENDENCE

The organization's operations are dependent upon receipt of operating funds from the Government of Canada - Health Canada.

4. DUE FROM RELATED PARTIES

	<u>2005</u>	<u>2004</u>
Nelson House Cree Nation	\$91,395	\$101,710
Nelson House Forest Industries	(54,504)	(72,672)
	<u>\$ 36,891</u>	<u>\$ 29,038</u>

Amounts due to/from related parties are non-interest bearing with no fixed terms of repayment.



NELSON HOUSE MEDICINE LODGE INC.

NOTES TO FINANCIAL STATEMENTS - CONTINUED

YEAR ENDED MARCH 31, 2005

5. ACCOUNTS RECEIVABLE - OTHER

	<u>2005</u>	<u>2004</u>
Aboriginal Healing Foundation	\$ 87,408	\$ 191,831
Employee and board advances	1,801	2,736
Health Canada	80,000	-
Other	9,028	9,028
	<u>178,237</u>	<u>203,595</u>
Less: Allowance for doubtful accounts	(10,829)	(9,387)
	<u>\$ 167,408</u>	<u>\$ 194,208</u>

6. CAPITAL ASSETS

	<u>2005</u>			<u>2004</u>
	<u>COST</u>	<u>ACCUMULATED AMORTIZATION</u>	<u>NET BOOK VALUE</u>	<u>NET BOOK VALUE</u>
Building	\$1,361,892	\$131,497	\$ 1,230,395	\$ 1,281,662
Trailers	210,000	63,756	146,244	153,941
Sewer-trailers	75,839	23,025	52,814	55,594
Vehicles	135,110	77,087	58,023	72,528
Computer equipment	53,672	32,470	21,202	12,239
Office equipment	100,619	37,461	63,158	78,948
Furnishings and equipment - Lodge	99,309	27,997	71,312	63,357
Landscaping	16,500	16,500	-	-
	<u>\$2,052,941</u>	<u>\$409,793</u>	<u>\$ 1,643,148</u>	<u>\$ 1,718,269</u>

NELSON HOUSE MEDICINE LODGE INC.

NOTES TO FINANCIAL STATEMENTS - CONTINUED

YEAR ENDED MARCH 31, 2005

7. NET ASSETS - RESTRICTED

The restricted assets is funded by an annual allocation in the Health Transfer Agreement. These funds, along with accumulated interest, must be held in a separate bank account and are to be used only for the replacement and acquisition of property and equipment. This fund, termed the Moveable Capital Assets Replacement Reserve, consists of the following:

	<u>PRINCIPAL</u>	<u>INTEREST</u>	<u>TOTAL</u>
Opening balance, April 1, 2004	\$102,496	\$ -	\$102,496
Allocation for the year	<u>24,622</u>	<u>-</u>	<u>24,622</u>
	127,118	-	127,118
Replacement of property and equipment	(3,855)	-	(3,855)
ENDING BALANCE, MARCH 31, 2005	<u>\$123,263</u>	<u>\$ -</u>	<u>\$123,263</u>

8. STAFF RENTALS - TRAILERS

	<u>2005</u>	<u>2004</u>
INCOME		
Rents	\$17,811	\$13,650
User fees	<u>1,188</u>	<u>1,104</u>
	18,999	14,754
EXPENSE		
Repairs and maintenance	2,539	5,329
SURPLUS	<u>\$16,460</u>	<u>\$9,425</u>



NELSON HOUSE MEDICINE LODGE INC.

NOTES TO FINANCIAL STATEMENTS - CONTINUED

YEAR ENDED MARCH 31, 2005

9. MISCELLANEOUS EXPENDITURES

	2005	2004
Bad debts	\$ 1,442	\$ 200
Donations	7,665	1,730
Other	3,382	8,690
Staff recognition	1,265	3,719
Legal and consulting fees	4,837	759
Advertising	1,480	3,265
	<u>\$20,071</u>	<u>\$18,363</u>

10. DEFERRED REVENUE

	2005	2004
Health Canada - Capital	\$44,000	\$ -
Pisimweyapiy - Healing and Wellness	-	52,482
	<u>\$44,000</u>	<u>\$52,482</u>

11. LONG-TERM DEBT

	2005	2004
WILSON'S BUSINESS SOLUTIONS		
Capital lease on a photocopier, repayable at \$1,751.76 quarterly plus interest at a rate of 14.91%, matures March, 2007.	\$ 12,024	\$ 16,893
Less: current portion	5,595	4,869
	<u>\$ 6,429</u>	<u>\$ 12,024</u>

The principal repayments required over the next two fiscal years are as follows:

<u>YEAR</u>	<u>AMOUNT</u>
2005-2006	\$ 5,595
2006-2007	6,429
	<u>\$ 12,024</u>

NELSON HOUSE MEDICINE LODGE INC.

SCHEDULE OF RENT AND UTILITIES

YEAR ENDED MARCH 31, 2005

	BUDGET	2005	2004
	(unaudited)		
Equipment leasing	\$ 4,680	\$ 7,269	\$ 30,743
Telephone	10,321	21,519	17,569
Utilities and maintenance	70,460	146,903	55,146
Insurance	4,219	8,796	10,639
	\$ 89,680	\$ 184,487	\$ 114,097

NELSON HOUSE MEDICINE LODGE INC.

SCHEDULE OF SALARIES AND BENEFITS

YEAR ENDED MARCH 31, 2005

	BUDGET	2005	2004
	(unaudited)		
Executive director	\$ 59,900	\$ 59,900	\$ 57,500
Senior counsellor	48,900	50,636	47,000
Therapists	43,000	44,734	28,138
Counsellors	134,000	124,831	115,752
Traditional counsellors	36,500	33,050	31,539
Cook	35,000	33,486	31,706
Assistant cooks	54,400	52,703	59,188
Maintenance	27,300	29,055	29,997
Night supervisors	78,600	77,367	73,517
NNADAP co-ordinator	35,800	35,861	35,000
NNADAP counsellor	26,936	23,776	24,543
Finance administrator	30,900	30,306	27,154
Administrative manager	38,200	38,273	33,723
PCC co-ordinator	51,000	36,073	46,924
PCC administrative assistant	29,000	25,086	26,764
PCC therapists	123,000	91,091	112,520
PCC maintenance	8,000	8,071	10,290
Casual and relief	10,000	18,404	4,175
Employee benefits	119,955	74,496	82,302
	\$990,391	\$ 887,199	\$877,732



NELSON HOUSE MEDICINE LODGE INC.

SCHEDULE OF TRAVEL

YEAR ENDED MARCH 31, 2005

	BUDGET	2005	2004
	(unaudited)		
Car mileage (gas)	\$ -	\$ 18,345	\$ 13,669
Administration	75,080	95,446	69,988
PCC Participant Transportation	18,000	14,481	13,347
	\$93,080	\$128,272	\$ 97,004

NELSON HOUSE MEDICINE LODGE INC.**SCHEDULE OF REVENUES AND EXPENDITURES
TRANSFER FUNDING PROGRAM**

YEAR ENDED MARCH 31, 2005

	BUDGET	2005	2004
	(unaudited)		
REVENUES			
Health Canada	\$ 1,096,740	\$ 1,096,740	\$ 1,096,740
Administration charges	17,378	21,338	19,047
Miscellaneous	-	1,426	-
	<u>1,114,118</u>	<u>1,119,504</u>	<u>1,115,787</u>
Add: revenues deferred from previous year	-	-	630,708
	<u>1,114,118</u>	<u>1,119,504</u>	<u>1,746,495</u>
EXPENDITURES			
Accreditation	-	13,800	1,392
Administration fees - NCN	-	-	109,674
Audit	15,500	7,500	7,100
Bank charges and interest	3,000	2,572	2,718
Capital expansion	35,000	1,265	32,970
Contribution to POW WOW	5,000	50,405	-
Equipment and fixtures	35,000	26,052	28,515
Food (Net of recovery: 2005 - \$15,175, 2004 - \$12,215)	76,380	78,731	60,644
Freight	-	6,991	4,669
Honorariums	35,000	41,422	19,024
Kitchen and janitorial	15,000	9,423	10,642
Laundry	8,000	8,027	9,887
Loan payments	-	-	557,434
Miscellaneous	69,224	15,889	9,724
Office supplies	14,000	17,470	16,399
Printing supplies	5,500	2,745	260
Program materials	15,000	13,245	18,897
Rent and utilities	85,000	112,144	103,131
Salaries and benefits	662,660	638,775	599,557
Training	48,000	7,179	15,320
Transfer to Replacement Reserve	24,662	24,622	24,622
Travel	57,000	77,504	53,430
Vehicle upkeep	12,000	6,696	8,101
Webpage development	-	24,984	-
Workshops	-	-	1,486
	<u>1,220,926</u>	<u>1,187,441</u>	<u>1,695,596</u>
SURPLUS (DEFICIT), FOR THE YEAR	\$ (106,808)	\$ (67,937)	\$ 50,899



NELSON HOUSE MEDICINE LODGE INC.

**SCHEDULE OF REVENUE AND EXPENDITURES
NNADAP FUNDING PROGRAM**

YEAR ENDED MARCH 31, 2005

	BUDGET	2005	2004
	(unaudited)		
REVENUE			
Health Canada - NNADAP Funding	\$85,220	\$85,220	\$85,220
EXPENDITURES			
Administration fees	8,522	8,522	8,522
NNADAP co-ordinator	40,562	35,861	35,000
NNADAP counsellor	26,893	23,776	24,543
Employee benefits	4,692	4,148	4,574
Equipment and fixtures	-	3,327	1,646
Honorariums	-	600	1,040
Printing supplies	-	129	-
Travel	2,080	2,580	3,866
Office supplies	-	3,025	977
Food expense	-	523	333
Program materials	-	2,011	3,182
Staff recognition	-	190	824
Advertising	-	410	789
Training	2,472	156	368
	<u>85,220</u>	<u>85,258</u>	<u>85,664</u>
SURPLUS (DEFICIT), FOR THE YEAR	\$ -	\$ (38)	\$ (444)

NELSON HOUSE MEDICINE LODGE INC.**SCHEDULE OF REVENUES AND EXPENDITURES
PISIMWEYAPII COUNSELLING CENTER**

YEAR ENDED MARCH 31, 2005

	BUDGET	2005	2004
	(unaudited)		
REVENUES			
Aboriginal Healing Foundation	\$ 383,200	\$ 383,200	\$ 418,234
Add: revenues deferred from previous year	52,482	52,482	49,399
Less: revenues deferred to the following year	-	-	(52,482)
	<u>435,682</u>	<u>435,682</u>	<u>415,151</u>
EXPENDITURES			
Accreditation	-	5,892	597
Audit	4,167	4,375	3,819
Co-ordinator	37,267	36,073	46,924
Therapists	94,185	91,091	112,520
Administrative assistant	21,667	25,086	26,764
Maintenance	6,933	8,071	10,290
Employee benefits	24,008	24,318	17,560
Travel	13,333	23,134	12,000
Human Resources/Consulting fees	12,500	6,276	2,509
Training/Professional Development workplans	20,000	29,156	17,227
Meeting room/office rental	20,000	20,000	24,000
Administrative costs	55,633	65,870	53,707
Program supplies/resource materials	9,583	15,708	14,764
Honorariums	12,500	22,378	14,386
Equipment and rentals	3,900	1,436	4,896
Transportation - mileage/gas	15,000	29,481	32,039
Production costs - forms, brochures, manuals, etc.	10,000	22,560	10,975
Distribution costs	3,333	2,025	2,438
Other - Child care	22,500	3,108	2,332
Other - PCC Committee and Vitamins	-	3,300	4,400
Other - Donations and staff recognition	-	470	1,004
	<u>386,508</u>	<u>439,808</u>	<u>415,151</u>
SURPLUS (DEFICIT), FOR THE YEAR	\$ 49,174	\$ (4,126)	\$ -



NELSON HOUSE MEDICINE LODGE INC.

SCHEDULE OF REVENUES AND EXPENDITURES
 CAPITAL EXPANSION PROGRAM

YEAR ENDED MARCH 31, 2005

	BUDGET	2005	2004
	(unaudited)		
REVENUES			
Health Canada	\$ 100,000	\$ 100,000	\$ -
Less: revenues deferred to following year	-	44,000	-
	<u>100,000</u>	<u>56,000</u>	<u>-</u>
EXPENDITURES			
Administration fees	1,196	1,196	-
Capital expansion costs	54,804	54,804	-
	<u>56,000</u>	<u>56,000</u>	<u>-</u>
SURPLUS, FOR THE YEAR	<u>\$ 44,000</u>	<u>\$ -</u>	<u>\$ -</u>

NELSON HOUSE MEDICINE LODGE INC.SCHEDULE OF REVENUES AND EXPENDITURES
ADMINISTRATION PROGRAM

YEAR ENDED MARCH 31, 2005

	BUDGET	2005	2004
	(unaudited)		
REVENUES			
Mileage revenue	\$ -	\$ 15,519	\$ 19,093
Staff trailer rentals		18,999	14,754
Administration fee	-	64,013	57,141
Miscellaneous	-	2,535	5,835
	-	<u>101,066</u>	<u>96,823</u>
EXPENDITURES			
Trailer repairs and maintenance	-	2,539	5,329
Car mileage and gas	-	11,173	13,669
	-	<u>13,712</u>	<u>18,998</u>
SURPLUS (DEFICIT), FOR THE YEAR	\$ -	\$ 87,354	\$ 77,825